

PRAXIS-EQUIPPED BMW CONCLUDES ONE LAP OF AMERICA

Roy Hopkins, from the Praxis-equipped BMW team in the 2005 Tire Rack Cannonball One Lap of America, sounds off about the driving event. The team, which includes co-drivers Nancy Becker and Adrienne Hughes, finished 11th overall and second in the Sports GT-1 Small Bore class.

What is One Lap of America? The most grueling motorsports fun you can have in a week. For the 14th straight year our team entered One Lap to help raise funds for the Rochester Ronald McDonald House, which provides a home away from home for families with children undergoing major medical procedures.

Gault Autosport BMW, of Endicott, N.Y., provided a 2005 BMW M3 for our use in the event. To prepare the car for the event, we installed a Praxis Advanced Suspension system, from Bridgestone Firestone Vehicle Systems, that provided street, sport, and track suspension modes, a great sounding Supersprint race exhaust system, H&R sway bars, and Bridgestone Potenza S-03 Pole Position tires. The Praxis suspension was the perfect choice for One Lap. On Street Mode we had comfortable cruising for 3,600 miles through 12 states. Sport Mode was perfect for handling the twisty roads off of the interstates. The best part was switching to Track Mode for the 20 competition time trials that included skid pads, drag strips, an oval, and seven different race tracks. The great handling provided by the Praxis-equipped M3 kept us competitive with cars that had much higher horsepower.

We finished as the top placing BMW, 11th overall, 2nd in Sports GT-1 small bore class.

-Roy Hopkins, May 9, 2005

Last Minute Prep at the Praxis Garage

The day before the One Lap of America Drivers School



Roy in the Praxis “Bat Cave” doing some final details prior to the One Lap School at Beaverun, Pa.

Before we took Roy to the “Bat Cave” we blind folded him so he would not know where exactly it was..... By the way he drives pretty badly blind folded.....



Our own Ryan guiding the Praxis One Lap Car onto the scales

As is the norm nothing needed tweaked before we headed to the track.

Beaverun Drivers School



The next morning was one cold wet day at Beaverun for the One Lap School looks like the tuning is going to wait for nicer weather

There are lots of friends we have not seen for a year to talk to. So the time goes pretty quickly



There is one now; that is non-other than event organizer Brock Yates Jr. standing next to the Praxis car talking to would you believe Roy's high school physic teacher

Well we will try tuning again in a week or two and wait for some warmer and dryer weather

Test and Tune at Nelson Ledges One week until the start



Well here we are out again trying to tune the car in a 38 degree rain this time at Nelson Ledges. The info attained on this bumpy track in a freezing cold rain is not much help but on the other hand the Italian Sausages are great



Here is Roy taking a couple of laps in the icy rain at Nelson Ledges. Considering he is not running snow tires he seems to be making good times. The Praxis suspension gives the car good balance and the ultra high performance Bridgestone tires are sticking pretty well considering the cold wet weather.



A driver without the benefit of a Praxis suspension and Bridgestone tires does not hold the track quite as well as Roy does. This picture was taken just before he apparently decided to try things facing the other direction.



Just before this shot Roy on the far right in the Praxis car had a bit of a scare as this Miata decided to try the Corner sideways before sliding to a stop just out of Roy's line.



Roy and our own Brian discuss some tuning options before Roy heads back out on the track.



Whatever Brian and Roy did sure seemed to work! Here is Roy out really turning some good time in the rainy cold Nelson Ledges afternoon.

Day 1
The start of the 2005
One Lap of America



It is race day and we are all out at Nelson Ledges to see Roy and his team off on the 2005 One Lap of America.



Here is Roy and the Praxis car waiting to start the first event, the wet skid pad.

How is the weather you ask.....would you believe it is cold and dry.....hey wait isn't this the wet skid pad event? I'm starting to think that cold wet weather follows Roy around the country as he travels.



No they did not just turn the sprinklers on to make Roy feel at home; remember “wet skid pad”. Roy and the Praxis car do pretty well considering that he ran the event with the DSC on for an averaged G force of .804 G’s. Not the best start but only a glimpse of what is to come.



Here is Roy after the wet skid pad event wondering how this pile is all going to fit in the trunk of the car. Remember he has two transit drivers to fit in the car also.



Look at that it does all fit.



Roy looking a little too proud of the fact that he fit all that stuff into the car



Roy, Adrienne and Nancy ready to roll out to the next event at Indianapolis Race Park

Day 2 Beaverun



Recognize the location?
We are back at Beaverun.
What is the weather like do you ask....would you believe it is cold and looks like rain....maybe the rain will hold off until the end of the event.

SSGT1 SB Cumulative Class Points as of Sun May 01 08:10:54 2005 Page 1

Results sorted by position

Pos	Car #	Vehicle	Class Pts	O/A Pts
1	6	Acura NSX-R Michael Fitzpatrick, Jon York	185	1190
2	14	BMW M3 Nancy Becker, Roy Hopkins, Adrienne Hughes	165	1130
3	34	BMW M Coupe Neil Simon, Woody Hair	155	1030
4	49	Toyota Supra Greg Caloudas, Marshall Morgan	140	975
5	17	Radical SR3 Damon Josz,	130	885
6	35	Porsche 996 Alex May, Stephen Dubovsky	130	890
7	38	Porsche 965

Let's see how did we do on the first event at Beaverun? Wait is that Roy second behind a stripped out NSX with a supercharger pushing 500+ wheel horsepower. Way to go Roy!



The rain stopped just in time for Roy's group to start the second event at Beaverun. Yes I said rain. Like I said the icy cold rain seems to be following Roy everywhere.

The afternoon run is his best yet and he places at the top of the class.

This puts his overall results at 2nd in his class and 11th over all. Roy should be proud.



Roy, Adrienne and Tony packed and off to Lancaster Speedway.

Day 6 Nelson Ledges



Here we are Back at Nelson Ledges. Would you believe it is sunny clear skies and warm when we get there in the morning. I am afraid that Roy might not remember how to drive in the warm dry conditions. He has not had the opportunity to drive in a warm dry track all week.

20 15 Daytona Coupe 1965 "Ford" 310 2140
Joe Drumheller, Scott Harrison, Corey Zimmerman

SSGT1 SB Cumulative Class Points as of Fri May 06 08:22:51 2005 Page 1

Results sorted by position

Pos	Car #	Vehicle	Class Pts	O/A Pts
1	6	Acura NSX-R Mchael Fitzpatrick, Jon York	970	6355
2	14	BMW M3 Nancy Becker, Roy Hopkins, Adrienne Hughes	970	6365
3	34	BMW M Coupe Neil Simon, Woody Hair	865	5860
4	35	Porsche 996 Alex May, Stephen Dubovsky	840	5830
5	10	Honda NSX-R Robert Morrison, Vaughn Duarte	820	5360
6	38	Porsche 965 Chuck Veth, Keith Bilyard	700	5050
7	41	BMW M3 David Flogaus, Jim Demchsak, Dave Meyer	675	4780
8	17	Radical SR3 Damon Josz,	610	4100
9	40	BMW M3 Steve Ostrovitz, Tom Merrifield	595	4600
10	49	Toyota Supra Greg Caloudas, Marshall Morgan	535	3660
11	43	BMW M3 Sedan Sasha Berghausen, Philip Berghausen	515	4020
12	45	BMW M Roadster Jim Rzegocki, Francis Rzegocki	355	2495
13	39	BMW M3 Sedan Charles Vossler, Ned Smith	350	2610
14	36	Porsche Boxster Linda Cheatham, Peggi Moore	245	1750

Let's see where we are placing after Robling Road yesterday. What do I see but Roy and his team is tied with that nasty NSX-R for class points and Roy is ahead in overall points.



The crew unloading the gear from the car and getting ready for the mornings run.



Roy is in queue and waiting to get the okay to start his laps at Nelson Ledges from Brock Yates Jr. "Brocker". Roy had a pretty good pair of runs this day.



Roy is kicking up some dust on his first timed lap.



Hey that's Tony Swan from Car and Driver waiting behind Roy for the Green flag of glory.



How does the day end? Like every day for the last week. Putting everything back into the car and driving for a few hours before the morning's event.

The Finish



Here we are again at the TireRack doing the dry skid pad. The event over; all breathe a sigh of relief and wait for the final results to come out.

For complete results information
www.onelapofamerica.com

Roy's Overall Results

Cumulative Overall Points as of - Sat May 07 15:53:52 2005

Page 1

Results sorted by position

Pos	Car #	Vehicle	Class	Points
1	1	Porsche 996 TT	SSGT1 BB	9095
		Mark DaVia, Drew Wikstrom		
2	2	Dodge Viper	SSGT1 BB	9025
		Brian Smith, John Hennessey		
3	24	Chevrolet Corvette	SSGT1 BB	8820
		Danny Popp, Jerry Onks		
4	3	Dodge Ram 1500	S U V	8630
		Ronald Adee, patrick adee		
5	25	Chevrolet Z06 Corvette	SSGT1 BB	8475
		Dan Corcoran, Kyle Corcoran		
6	11	Chrysler 300C SRT8	Luxury Sed	8335
		David Zelkowski, Erich Heuschele		
7	76	Mitsubishi Lancer Evo 8	MidPri Sed	7980
		Martin Musial, Jon Krolewicz, Ray Krolewicz		
8	63	Dodge SRT-4	MidPri Sed	7980
		Dale Seeley, Kolin Aspergren, Jamin Cummings		
9	4	Superformance Daytona Coupe	SSGT1 BB	7705
		Dennis Olthoff, Rick Lee		
10	6	Acura NSX-R	SSGT1 SB	7635
		Mchael Fitzpatrick, Jon York		
11	14	BMW M3	SSGT1 SB	7505
		Nancy Becker, Roy Hopkins, Adrienne Hughes		
12	12	CHEVROLET CORVETTE ZR1	SSGT1 BB	7410
		Scott Ahlgrim, Steve Ahlgrim		
13	20	Porsche 930	Vint For	7295
		David Goodman, Sam Goodman		
14	75	Subaru WRX STi	MidPri Sed	7265
		Enrique Ramirez, Richard Garcia, Neil Nash		
15	26	Chevrolet Corvette	SSGT1 BB	7205
		Jeremy Herzberg, Eric Hulshart		
16	74	Subaru WRX STi	MidPri Sed	7115
		Dan Schaut, Ben Schaut		

Roy's Class Results

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2	14	BMW M3 Nancy Becker, Roy Hopkins, Adrienne Hughes	1135	7505
3	34	BMW M Coupe Neil Simon, Woody Hair	1020	6910
4	10	Honda NSX-R Robert Morrison, Vaughn Duarte	1015	6610
5	35	Porsche 996 Alex May, Stephen Dubovsky	995	6895
6	38	Porsche 965 Chuck Veth, Keith Bilyard	810	5885
7	17	Radical SR3 Damon Josz,	770	5185
8	41	BMW M3 David Flogaus, Jim Demchsak, Dave Meyer	750	5310
9	40	BMW M3 Steve Ostrovitz, Tom Merrifield	680	5265
10	43	BMW M3 Sedan Sasha Berghausen, Philip Berghausen	613	4770
11	49	Toyota Supra Greg Caloudas, Marshall Morgan	528	3610
12	45	BMW M Roadster Jim Rzegocki, Francis Rzegocki	415	2935
13	39	BMW M3 Sedan Charles Vossler, Ned Smith	415	3120
14	36	Porsche Boxster	275	1960